Moxifloxacin effect on QTc interval in the fed and fasted states in Thorough QT studies

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A meal has a profound effect on QTc

1. Shortening of the QTc interval
2. Similar result QTcF/QTcI
3. Prolongation of QTcB for maximal two hours
4. We speculated that the effect may be caused by a release of c-peptide, more likely than autonomic.
The Effect of Moxifloxacin on QTc and Implications for the Design of Thorough QT Studies

DM Bloomfield¹, JT Kost², K Ghosh³, D Hreniuk¹, LA Hickey³, MJ Guitierrez⁴, K Gottesdiener¹ and JA Wagner¹

Figure 4 illustrates the change in QTc from baseline (PDB) brought about by treatment. Moxifloxacin appears to be associated with a ~10 ms increase in QTc CFB, which becomes evident from the first measurement at 30 min and persists over the first 4 h after the dose. In contrast, the mean change in QTc interval associated with placebo over this same 4-h period remained close to zero. Interestingly, there is a transient decrease in the change in QTc from baseline at 5 and 6 h after the dose, similar in both the moxifloxacin and placebo treatment groups. This drop in QTc was associated with small but consistent increases in heart rate that occurred following the meal (which was given to all subjects 4 h after the dose). A secondary increase in QTc appears after 6 h, persisting through 24 h.

-11 ms QTcF
Hypothesis

- We wanted to characterise the QTcF profile of oral moxifloxacin in fed and fasted state

and

whether the effect of a meal on QTcF would counteract the effects of an ion channel blocker such as Moxifloxacin
The study was an open-label, randomised, placebo-controlled, crossover trial that evaluated the effect of different meals on the QT/QTc interval of the ECG using a single 400 mg dose of moxifloxacin in fed and fasted conditions in 32 non-elderly healthy male and female.
**Study design**

- Cross over study in 32 subjects
- Each 3 test days were preceded by an identical baseline day

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<th>Period 1</th>
<th>Washout*</th>
<th>Period 2</th>
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<td>Day 2</td>
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</table>
### Study population

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Age (yrs)</th>
<th>Height (cm)</th>
<th>Weight (kg)</th>
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<tbody>
<tr>
<td>Caucasian</td>
<td>25.6 ± 4</td>
<td>172.8 ± 8.5</td>
<td>65 ± 7.2</td>
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<tr>
<td>Japanese</td>
<td>27.6 ± 3.3</td>
<td>167.1 ± 7.1</td>
<td>57.9 ± 5.6</td>
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</tbody>
</table>

- Caucasian  \( N=13 \) (7 ♂, 6 ♀)
- Japanese   \( N=19 \) (11 ♂, 8 ♀)
- Total      \( N=32 \) (18 ♂, 14 ♀)
• ECG were analysed automatically using the latest SL-12 algorithm
• All beats from all leads were manually over-read by a cardiologist highly experienced in QT analysis (manual adjudication)
• Individual heart rate corrections were calculated ($QTcI_p$, $QTcI_i$)
• Intervals were extracted and $QTcF$ calculated
The maximum changes in QTcF was observed in the fasted state at 2.5 hrs (14.4 ms) 4 hrs in the fed state (11.6 ms).
Moxifloxacin plasma concentration by administration: after fast and following a carbohydrate rich breakfast
The observed effect of moxi in fasted state is the difference between the black and the blue curve. The model predicts the mean effect over time. The effect of moxifloxacin in the fed state is the difference between the green and the red lines: moxi with breakfast – breakfast alone.
The difference in the individual Cmax for the fed and fasted states has a kinetic origin.

This figure displays the difference to time matched placebo of the change from average baseline of QTcF by moxifloxacin plasma concentration for the response in the fed & fasted arms.

The individual values are coded by sex (plot symbol) and race (colour). The regression lines are derived from a linear mixed effects model with concentration as covariate, race and sex and their interactions with concentration as fixed effects and random intercept and slope by subject. The vertical lines give the 95% confidence intervals for the predicted effect at the geometric mean Cmax in the fed and fasted states respectively. The difference in predicted maximum effect of is essentially due to the different kinetics in the two conditions.
The “typical moxi profile” is altered by food
  – This ought to be considered when setting sampling time points

The effect is purely driven by a reduction and delay in absorption after a meal
  – The data in this study does not suggest that there is an electrophysiological effect beyond the pk reductions
Acknowledgements

• Dr Georg Ferber
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• Clinical team at Richmond Pharmacology
• Cardiologists at the Department of Cardiovascular Sciences at St Georges
• Professor John Camm
Thank you

I do not think much of a man who is not wiser today than he was yesterday.